HERITAGE
International School

February 28, 2025

THE INTERNATIONAL
HERITAGE HERALD

THOUGHT FOR THE WEEK

"Books are the quietest and most constant of friends; they are the most accessible and wisest of counselors, and the most patient of teachers."

Charles W. Eliot

WHAT'S NEW?

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Director's notes

School has always had significant roles in the life of the students, and a modern school should be much more than providing them with high quality education, our priority is providing a positive, stimulating and supportive environment where they learn to interact with their peers and get involved into Global education projects, develop social skills, critical thinking abilities, and a sense of responsibility. We are so proud of Heritage students learning more about social responsibility and caring of the world around them, even our youngest students participate actively and consciously helping their peers in need, and Student Council's initiatives show their maturity and active citizenship.

What is Heritage for our students, besides academic performance? It is a range of colourful school events and extracurricular activities giving the students the chance to find something that interests them and would refill with energy and enthusiasm, so that the students could be more motivated for studies. One of the favourite school weeks and events is Heritage Literature Week, cultivating a love of reading in our school. Literature week always surprises with creativity, involvement and the joy of sharing personal experience and getting to know more about the world of books and it makes us feel a huge community of dedicated readers: our reading buddies, parents and older students coming to read for the younger ones, students and families participating in "Book face" and " Reading by a window" challenge, Readers' Cup, book exhibition and book reviews, creating book signs, book trailers, writing a letter to your favourite character or dressing up as a book character, field trips to the libraries-we are all about the books. Literature week was a wonderful experience and invitation to continue and enjoy reading during spring vacation.

The surprise of the school football championship was 6A team, winning the 1st place in Lower Secondary school football championship. Huge thanks to coach Andrei Russu and the PE Department for a well organised event, fair competition showed that dedication and hard work lead to success and age is just a number.

We hope that our students , teachers and families will have a wonderful spring vacation full of memorable moments.

Looking forward to seeing our students back to school on the 10th of March!

The Future starts here.

Inga Chiosa
Acting Director

The Head of Secondary and Deputy Academic Director, Tatiana Popa, together with Head of English Department & IGCSE Coordinator at Heritage, Melek Alver, participated in the AIducation 25 conference, held on February 15, in Bucharest.he event, hosted by the Cambridge School in Bucharest, gathered more than 100 participants from about 30 countries around the world to address in more depth the practical side of artificial intelligence in education.

Heritage Students Visit the "LaVia" Center

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Articles/Stories of Interest:

1

Family Literacy Activities

link

2

Read Around the World Challenge

link

3

Sustainable Reading and Publishing: How You Can Do Your Part to Help the Environment

link

4

10 Youngest Child Authors Who Prove Age Is Just a Number

link

5

Parent strategies for improving their child's reading and writing

link

6

'What Kind of Reader Are You?'A Shelf Reflection Quiz

link

7

LaVia Moldova: daily activities for children in collaboration with a state boarding school (orphanage) in Chișinău

link

8

11 Spring Festivals Around the World to See in 2025

link

9

Martisor International Music Festival on March 1, 2025

link

The Heritage 10 Golden Rules

We want everyone to enjoy Heritage International School and have a successful, fulfilling, and rewarding academic year. To all those joining us for the first time and those who come to regular school at Heritage, we are all members of Heritage for the time we are here and we all follow the same code of respect to ensure everyone is kept safe and we enjoy our school.

1) *We listen to & respect those looking after us, and teaching us, and always follow their instructions.*

2) *We respect and look after each other as students of Heritage. We are a caring community.*

3) *If unsure, we ask one of our teachers or support staff.*

4) *We are always aware of being safe, especially around physical & practical activities*

5) *The way we speak to each other and the words we use are the right ones*

6) *If someone is not well or unhappy, we let one of the adults looking after us know*

7) *We make sure we have the right clothes and equipment for each day.*

8) *We make sure we are on time and if we are late we make sure people looking after us know.*

9) *We are responsible for our behaviour as a student of Heritage.*

10) *We make sure we engage in our learning, grow in our knowledge and understanding, achieve our best and potential, be contributing and valued members of our community, and get the most out of our school opportunities.*

International Book Giving Day (4B)

On February 14, Class 4B held an event dedicated to International Book Giving Day.

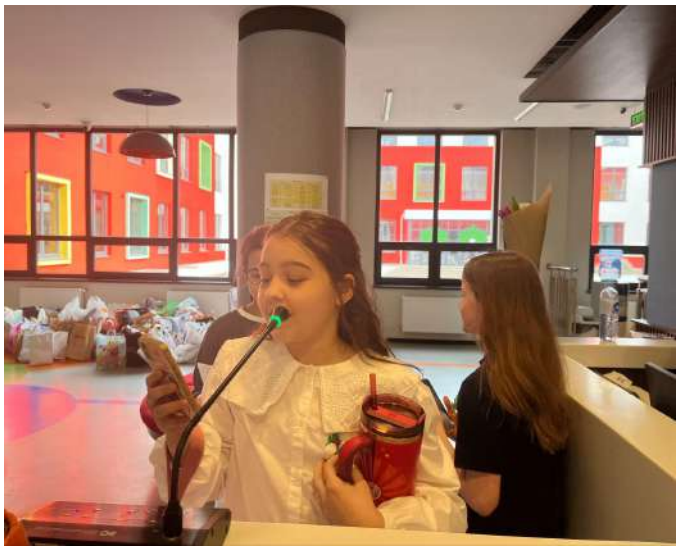
Each student gifted a personalized book, reminding everyone that printed books remain a valuable gift even in the digital age.

This celebration helps foster a love for reading, respect for books, and a desire to share knowledge. A book is not just an object but a symbol of care and wisdom that always remains relevant.

View all materials at the link: *link*

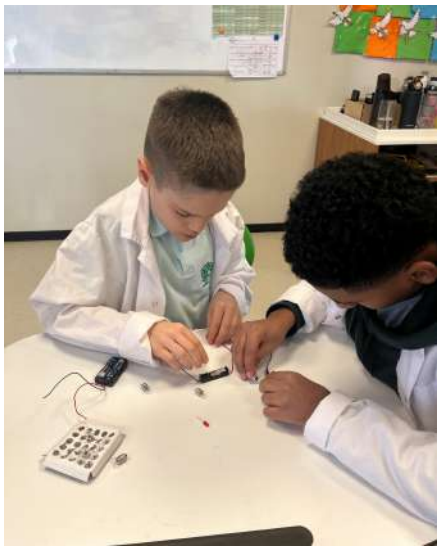
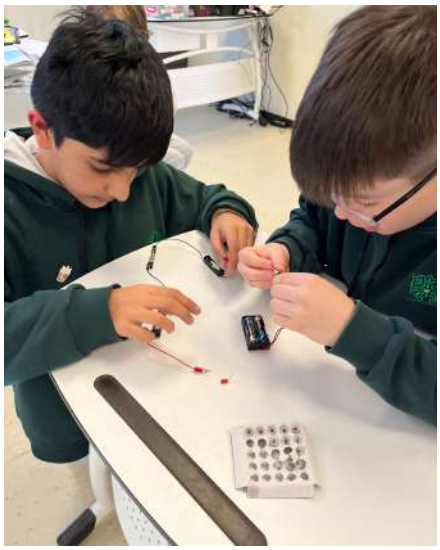
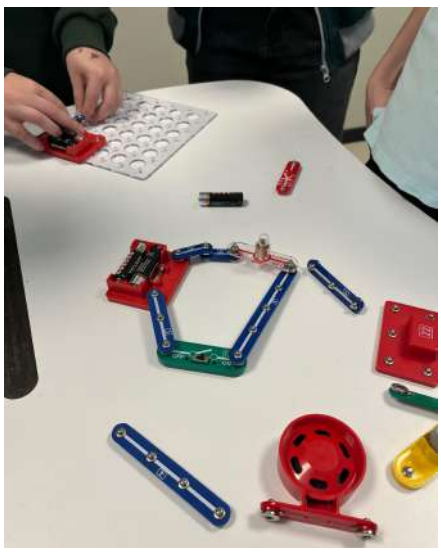
6E Recycling Inițiative

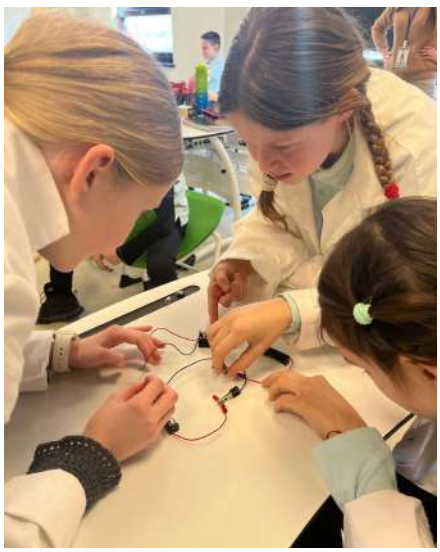
We are proud to announce an initiative led by our 6E students focused on environmental sustainability. They highlighted the importance of plastic waste recycling and are organizing a "Plastic Waste " poster competition to raise awareness to this issue and start collecting plastic bottles in recycling bins. This initiative not only fosters creativity but also raises awareness about recycling and sustainability.



Hands on learning in Year 6 Cambridge Science

In Year 6, students gain hands-on experience in understanding electrical circuits by comparing series and parallel configurations. A series circuit requires that all components share the same current, creating a single path for electricity, while a parallel circuit allows for multiple paths, ensuring that each component can function independently. This foundational knowledge in electrical engineering is crucial for future innovations in technology.



Mother's Day flowers created by 6 E

6E students created beautiful bouquets of flowers out of paper to celebrate International Women's Day on March 8th. Each bouquet was crafted with care, showcasing the students' creativity and thoughtfulness in honoring the occasion.

March 1st Tradition- Martisor 1E

The students in class 1E recently participated in a beautiful tradition by creating their own mărțișoare. These handmade tokens, symbolizing the arrival of spring, were crafted with care and creativity. Using red and white threads, the students tied intricate knots and added decorative elements to their mărțișoare, each one unique.

View all materials at the link: *link*

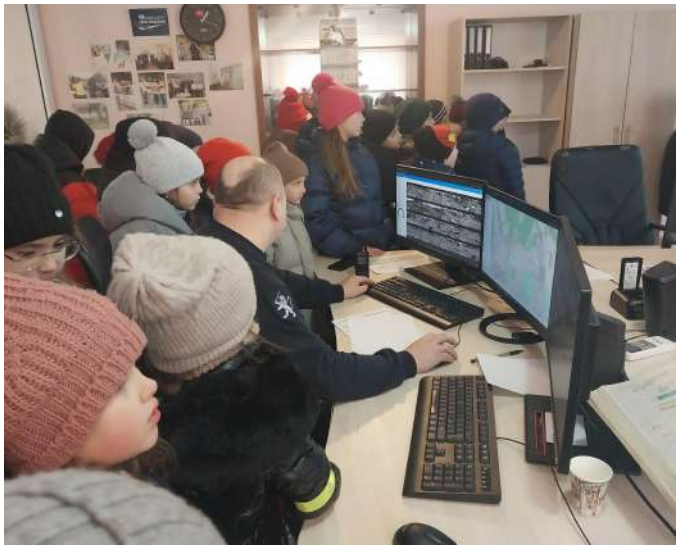
March 1st Tradition- Martisor 5E

View all materials at the link: *link*

Literature Week at Heritage 1A

View all materials at the link: *link*

Literature Week at Heritage 1B



View all materials at the link: *link*

Literature Week at Heritage 1C

Last week, our school hosted the Bookface Challenge, a fun and creative activity that brought students together to engage with literature in a unique way.

View all materials at the link: *link*

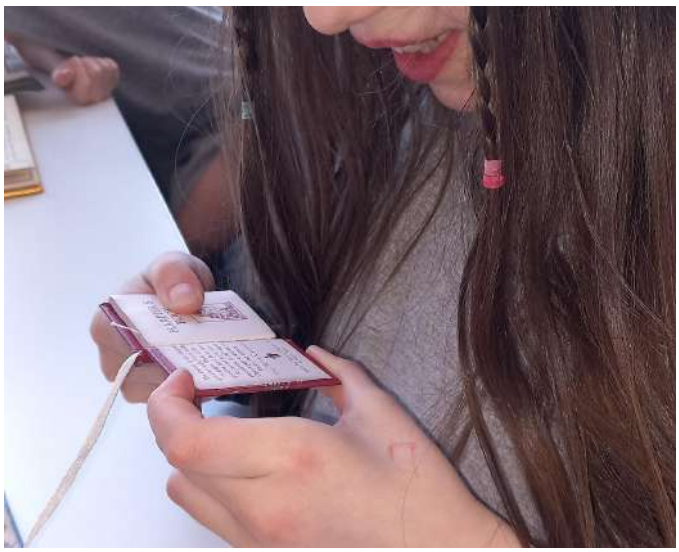
Literature Week at Heritage 1E

View all materials at the link: *link*

Literature Week at Heritage 2A

View all materials at the link: *link*

Literature Week at Heritage 2A



Literature Week at Heritage 3A

View all materials at the link: *link*

Literature Week at Heritage 3B

View all materials at the link: *link*

Literature Week at Heritage 3E

View all materials at the link: *link*

Literature Week at Heritage 4A

View all materials at the link: *link*

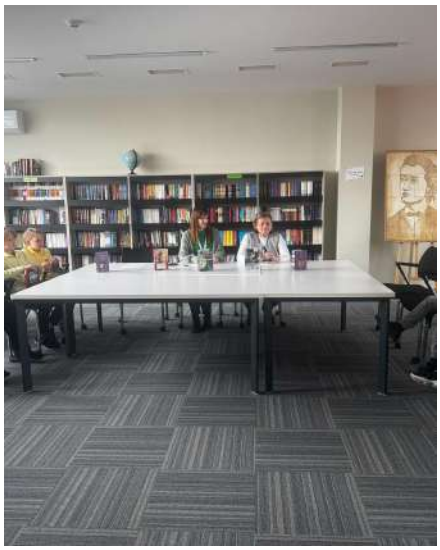
Literary Activity for Classes 3A and 4A on the Occasion of the Poet's Birthday

In celebration of the birthday of the beloved poet Grigore Vieru, students of classes 3A and 4A engaged in a special literary activity. The event aimed to honor the remarkable contributions of Vieru to Romanian literature, particularly his poignant poems that evoke deep emotions and national pride.

View all materials at the link: *link*

Book Review Competition

The Book Review Competition recently took place at Heritage, providing students with a platform to showcase their reading experiences and analytical skills. Participants wrote thoughtful reviews of their favorite books, reflecting on the plot, characters, and themes.



View all materials at the link: *link*

Movie Day 5E and 4E

5E and 4E reunited for a long-awaited Movie Day! It was time for laughs and adventure with Woody Woodpecker Goes to Camp! Popcorn was present! What's not to love!

eTwinning club

Second grade students met online with students from Tbilisi, Georgia. Both classes are taking part in the eTwinning project,, Short Tales, Long Tails". Students exchanged ideas about the project tasks and heard things about their home countries, Moldova and Georgia.

Last Week, the School Starter Preschoolers, Romanian Group, Carried Out the Thematic Project: "Means of Transport"

During the project, the children expanded their knowledge about the diversity of means of transport. They created addition and subtraction problems related to transportation, formed sets of different transport means, and came up with interesting statements about them. The children also made little boats, watched videos about the construction of airplanes and ships, and engaged in many other exciting activities related to the theme.

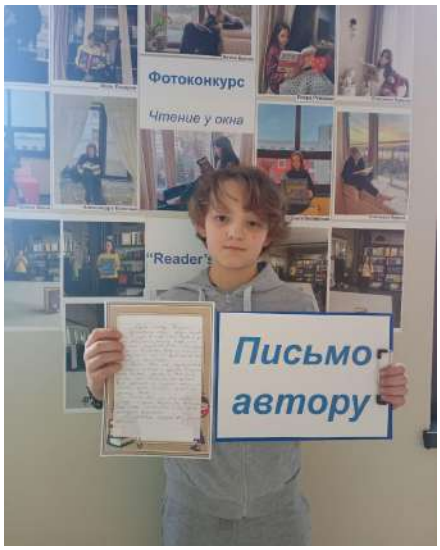
View all materials at the link: *link*

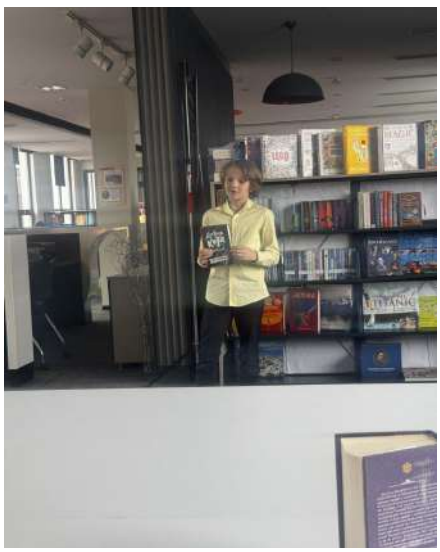
As part of Literary Week, the students of class 3A took part in a special Reading Workshop with the theme: "My Class is Reading a Book!"

4B - Literature Week 2025

This week, our class actively participated in the events dedicated to Literature Week. We took part in the photo contest "Reading by the Window," where everyone had the opportunity to showcase how enjoyable it is to spend time with a book by the window.

We also participated in Reading's Cup — an exciting competition where we tested our knowledge of literature. In addition, students prepared reviews of their favorite books, sharing their impressions and analyzing what they had read.





View all materials at the link: *link*

Meeting with Mikhail Vasilyevich Lupashko, Writer, Translator, and Journalist

The meeting with Mikhail Vasilyevich Lupashko, a writer, translator, and journalist, was lively and captivating. The writer performed songs for the children, both of his own composition and those by other poets. Students from 1B, 2B, and 4B attended the meeting.

View all materials at the link: link

Meeting of Generations

Students from class 2B read various stories and fairy tales to the children from School Starter. The event was a heartwarming experience that brought together different age groups, allowing the older students to share their love for literature with the younger ones. It was a wonderful opportunity to connect through stories, fostering a sense of community and encouraging a love for reading among the children.

View all materials at the link: *link*

Excursion to the Literature Museum, Casa Cărții, and the Ion Creangă National Library

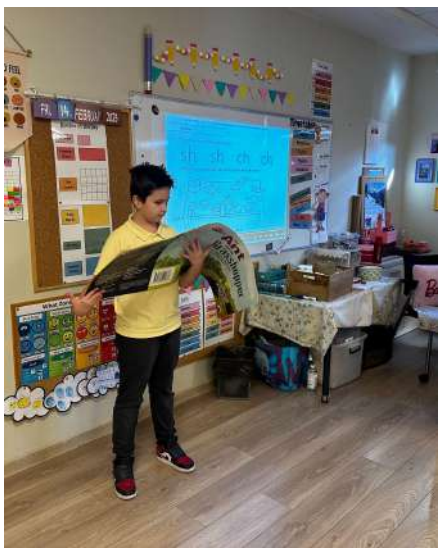
Our students recently enjoyed an educational excursion to the Literature Museum, Casa Cărții, and the Ion Creangă National Library. During the visit, they explored the rich literary history of Romania, learning about famous authors, historical manuscripts, and the evolution of literature over the years.

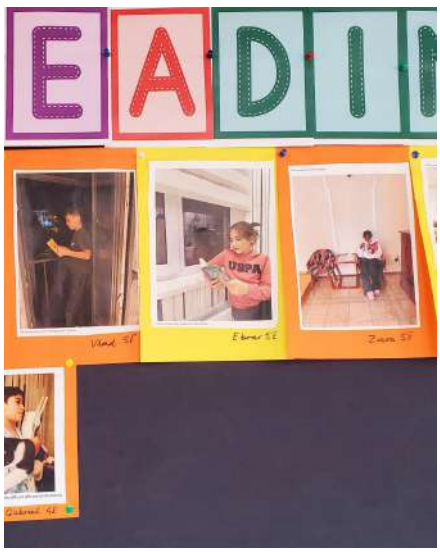
View all materials at the link: *link*

Bookface challenge in 1B

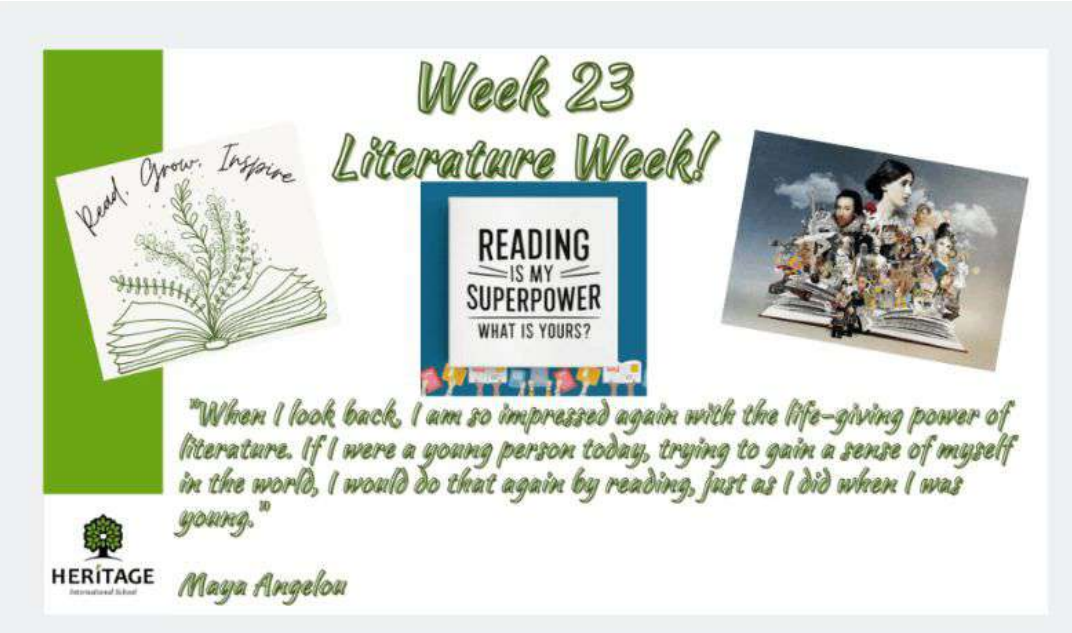
Literature Week in 5E

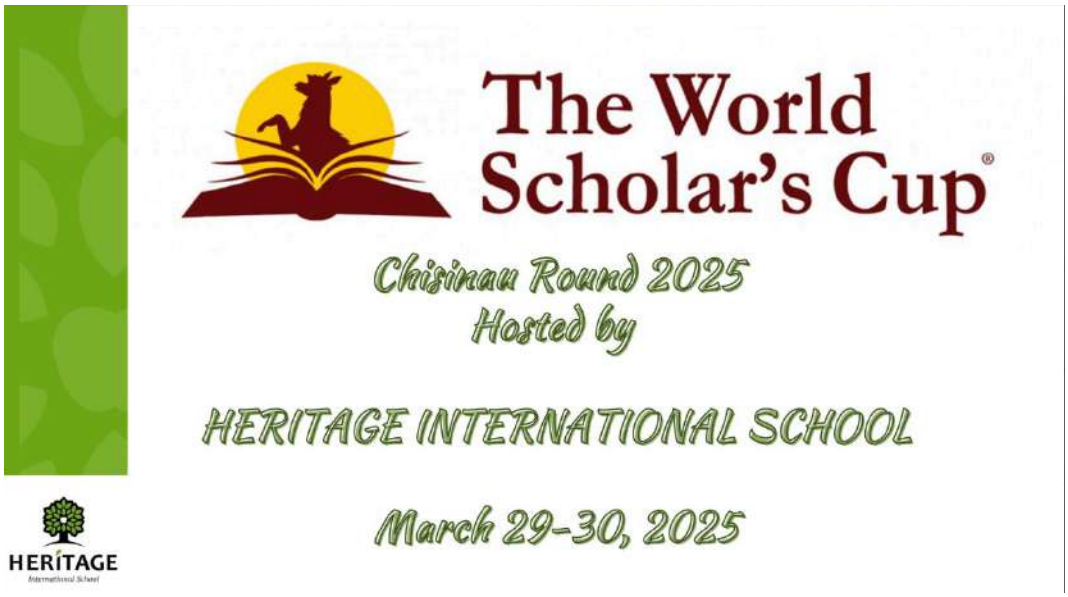
During Literature Week, 5E enjoyed a variety of activities, including a book swap, a blind date with a book, taking photos of themselves reading by a window, reading to younger children and many more.



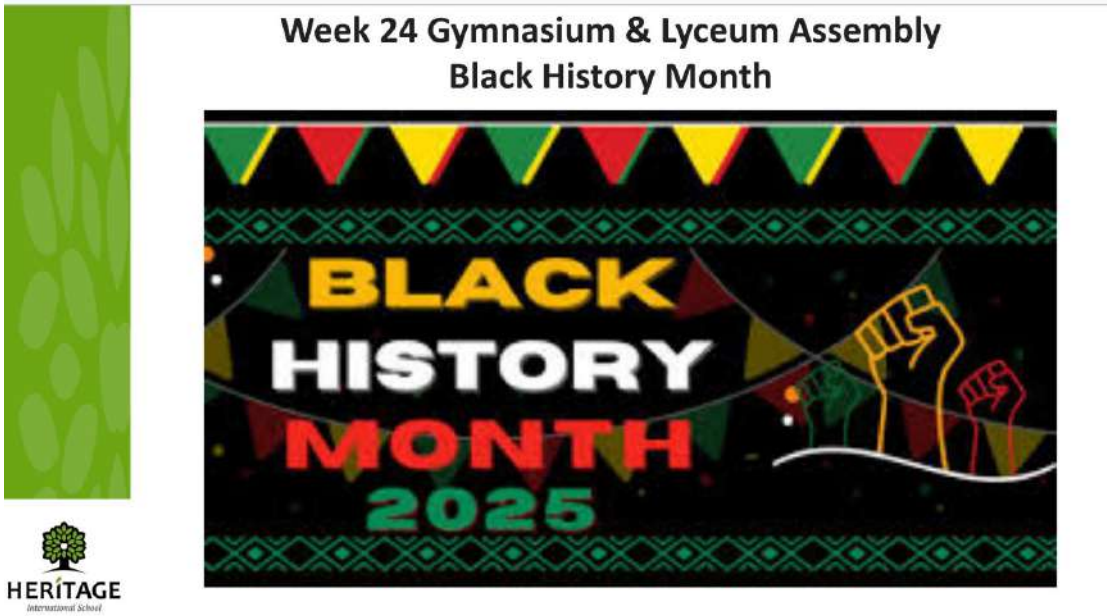


Week 23 Gymnasium & Lyceum assembly - Literature Week



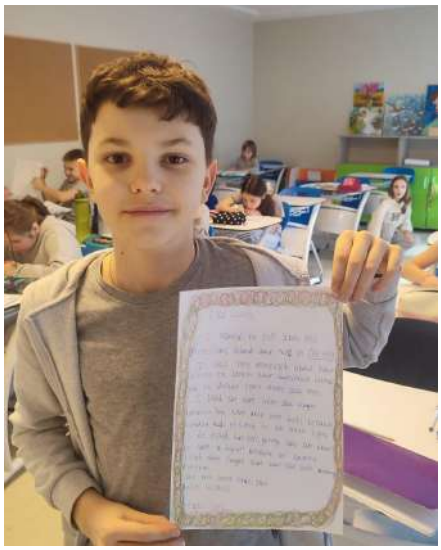


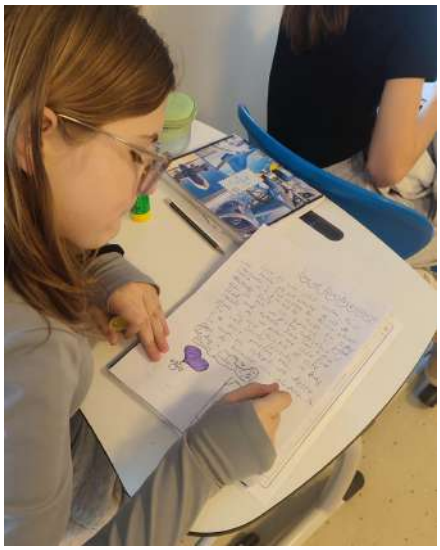
Week 24 Gymnasium & Lyceum assembly - Black History Month

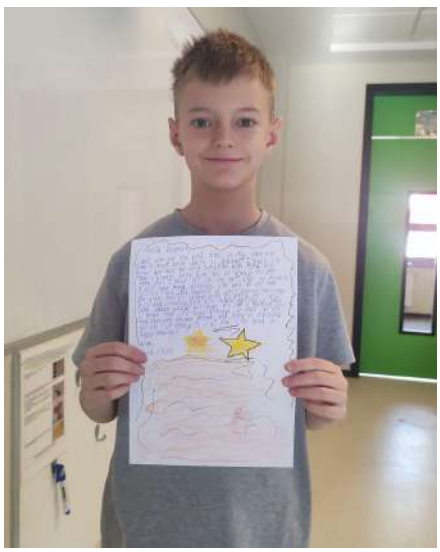


Letter to my favourite character

5 A & B and 8 A & B students took part in a creative writing assignment during the IPC and English lessons. This project gave them a chance to say whatever they wanted to their favourite book characters. In addition to encouraging literary inventiveness, this task also created an atmosphere of higher closeness between students and their beloved books.

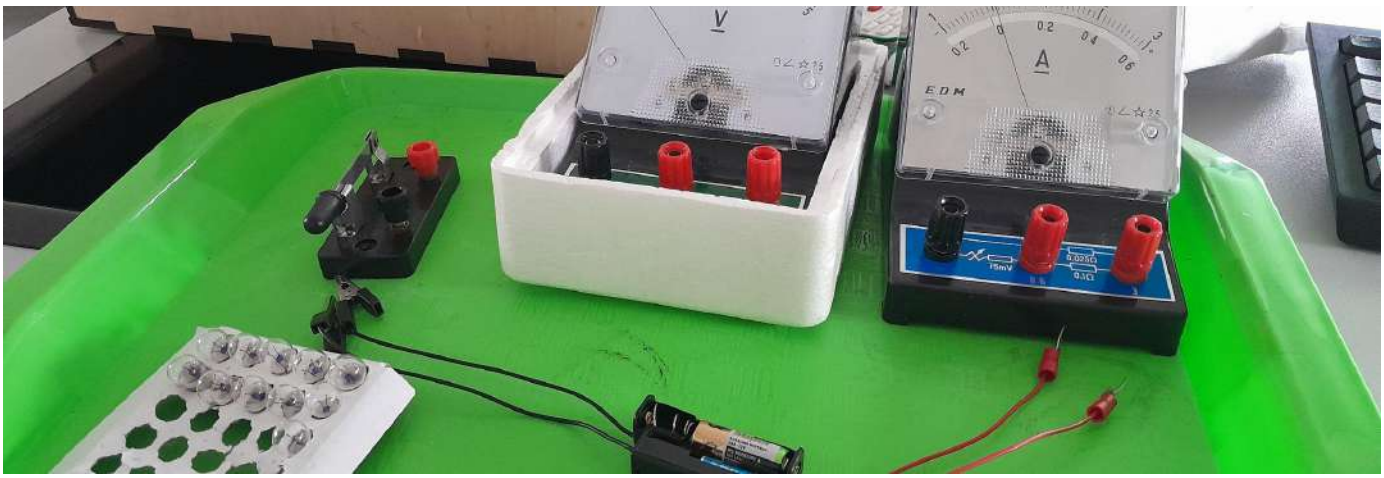


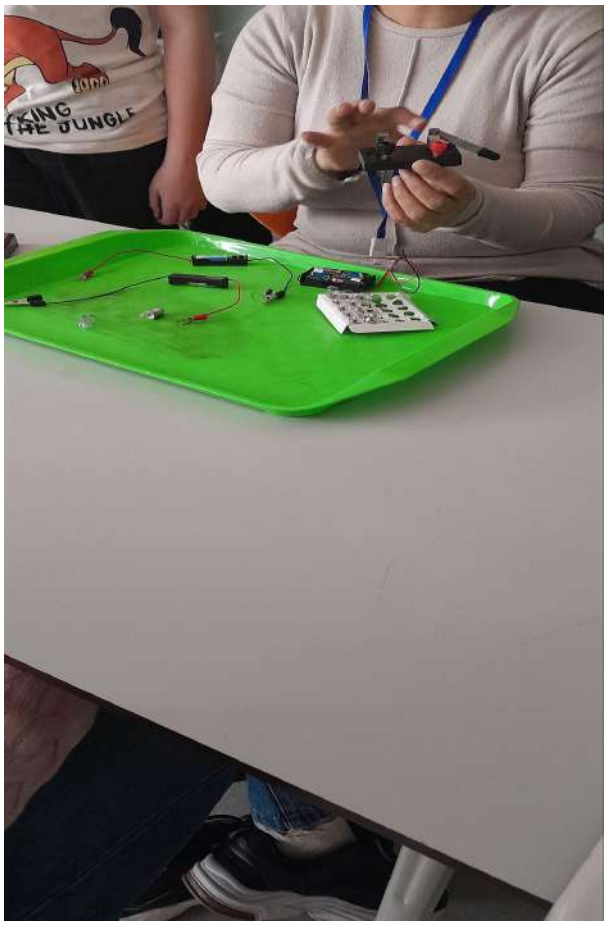




View all materials at the link: *link*

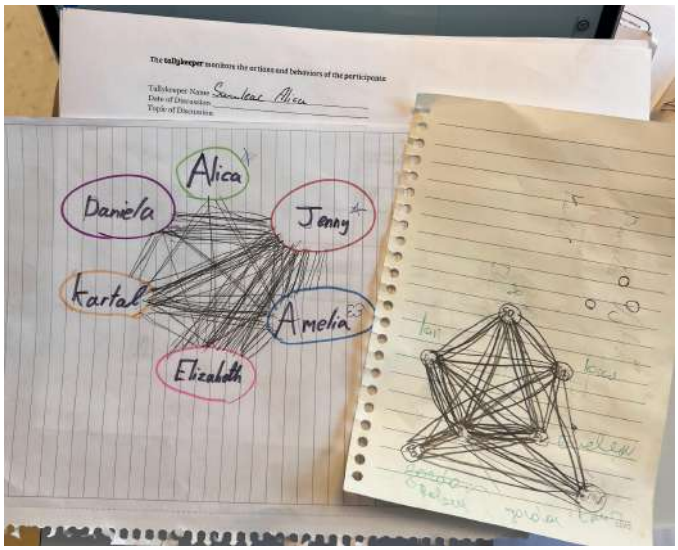
Electric Circus with 7E





Harkness Discussion Activity with 7E in Global Perspectives

The 7E class recently participated in a Harkness discussion activity, a student-centered method that encourages open dialogue and critical thinking. During the session, students gathered around a large table, engaging in a respectful exchange of ideas on a specific topic.



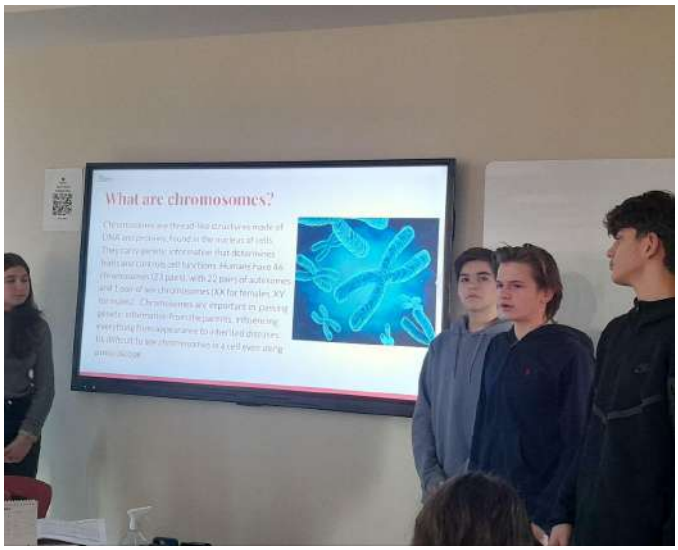
Science Practical Activity 7E

Literature week at Heritage 6A

View all materials at the link: *link*

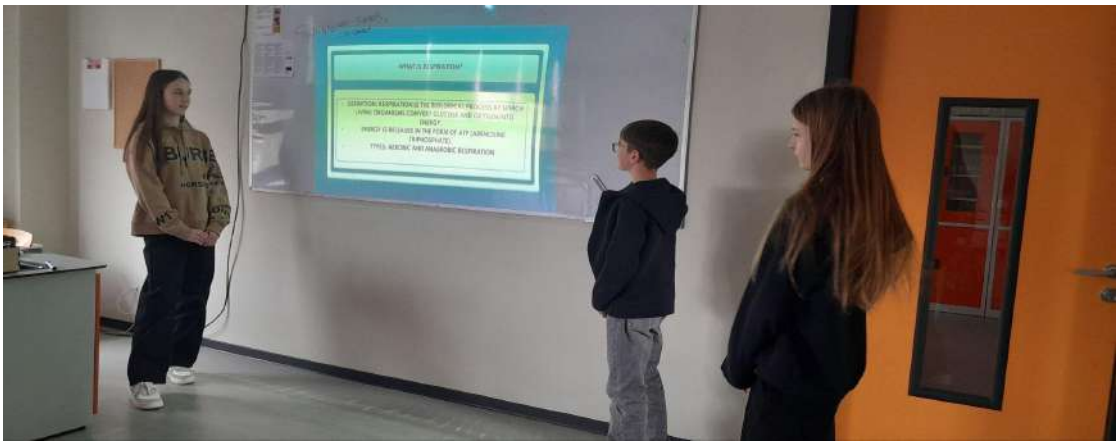
Project on genes and inheritance 9E

The "Genes and Inheritance" project by Class 9E explores the fundamental principles of genetics, focusing on how traits are passed from one generation to the next.



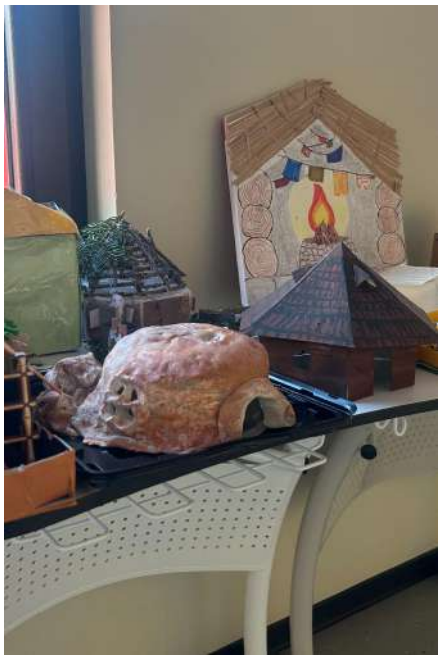
Activity with 8E2 on the Respiratory System

The 8E2 class participated in an engaging activity focused on the respiratory system. The students explored how the lungs function and the process of breathing through interactive demonstrations and experiments.



“Geto-Dacian Dwellings” in Class 5B

In Class 5B, students explored the topic of "Gheto-Dacian Dwellings," learning about the ancient structures and living conditions of the Dacians. The lesson included discussions on the architectural style, materials used, and how these dwellings reflected the daily life and culture of the Dacian people. The students gained a deeper understanding of historical living spaces and their connection to the past, enriching their knowledge of ancient civilizations.



Literary Pizza

After reading the favourite book, the students created a "Literary Pizza," where they presented their book reviews in a creative and engaging way.

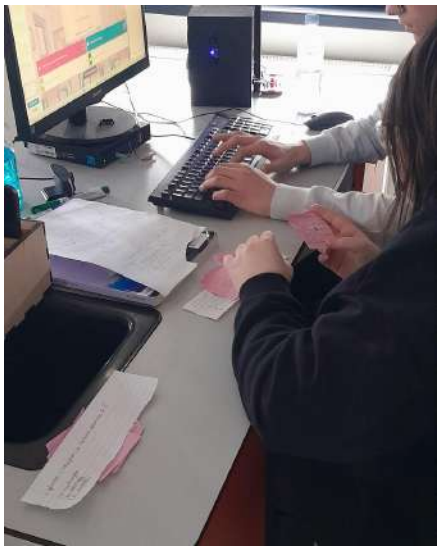
View all materials at the link: *link*

Science activity with 7E1

Magnesium react with water demonstration

Creating Class Kahoots in 8E1

In class 8E1, students had the opportunity to create their own Kahoot quizzes as part of an interactive learning activity. This engaging session allowed students to design questions based on the topics they had studied, fostering teamwork, creativity, and a deeper understanding of the subject matter.



access

Support your child on the path to success

Your child's school has invested in the award winning resource, **GCSEPod**, to help your child reach their goals!

Join the thousands of parents/carers encouraging their children to use GCSEPod to support learning, homework and revision throughout their secondary school journey.

> The correlation between success and failure was made almost 100% clear with the use of GCSEPod.
>
> Head of MFL at Yateley School

> I found GCSEPod especially useful to compliment my knowledge and i'm certain it helped me secure the grades that I have been so happy to receive.
>
> Student

> My daughter used GCSEPod for her GCSEs and was very successful with her results, she absolutely loved the Pods and this style of revising.
>
> Parent

- 30+ GCSE subjects
- 4 KS3 subjects
- Available online and offline
- Audio visual learning
- Builds confidence
- Revision & learning videos
- Knowledge checkers to test understanding

Want to find out how you can support your child with GCSEPod?

Join one of our **free webinars** by visiting:

https://www.theaccessgroup.com/en-gb/education/resources/gcsepod-teacher-parent-and-student-webinars/

Student Activation

Please follow these instructions if your child has not yet activated their GCSEPod account:

1. Go to GCSEPod.com and click '**LOG IN**'
2. Click '**New to GCSEPod? Get Started**'
3. Enter your child's details and confirm the name of the school they attend
4. Create a username and password

www.gcsepod.com

Cambridge International Qualifications

Facts and figures About Cambridge International Qualifications:

Here are the the facts why the Cambridge International is famous for

- *Cambridge Assessment International Education is the world's largest provider of international education programmes and qualifications for 5 to 19 year olds.*
- *Over 10,000 schools in more than 160 countries offer Cambridge programmes and qualifications.*
- *Every year, nearly a million Cambridge learners prepare for their future with an education from Cambridge International.*
- *We are part of Cambridge University Press & Assessment, a not-for-profit organisation and part of the world-renowned University of Cambridge.*
- *The first Cambridge international exams were taken in Trinidad in 1864 by six candidates.*

Programmes and qualifications offer at Cambridge International:

Here are the facts why Heritage International School offers the qualifications of Cambridge Primary, Cambridge Secondary Checkpoint, IGCSE and GCE AS and A Level at the campus.

- *Cambridge Primary is taught in more than 2300 schools in over 120 countries. There are over 96,000 entries for Cambridge Primary Checkpoint each year.*
- *Cambridge Lower Secondary is taught in more than 3800 schools in nearly 140 countries. Every year we receive over 110,000 entries for Cambridge Lower Secondary Checkpoint, our tests for 11 to 14 year olds.*
- *Cambridge IGCSE is the world's most popular international qualification for 14 to 16 year olds. It is taken in over 150 countries and in more than 5000 schools around the world.*
- *2018 marked the 30th anniversary of the first Cambridge IGCSE exam.*
- *More than 250,000 students worldwide took Cambridge IGCSE and O Level exams in our June 2022 series.*
- *We are the world's biggest provider of O Level qualifications. Cambridge O Level is taught in over 50 countries.*
- *Cambridge International AS & A Levels are taught in over 130 countries. Over 220,000 students around the world took Cambridge International AS & A Level exams in our June 2022 series.*
- *More than 2200 universities in 90 countries formally recognise Cambridge qualifications, including all UK universities and over 850 in the US.*

For further information about Cambridge International Programmes and Qualifications, please visit the website

link

Cambridge Mock Exams & Checkpoints

Exam Timetable of Cambridge International Primary Checkpoint : 6E

Tests Series: May 2025

Date	Session	Start Time	Cambridge Primary (Y6E)	Duration
7 April (Monday)	AM	9:00 AM	Cambridge Primary English (1958) Paper 1: Written test (non-fiction)	60 minutes
	PM	12:00 PM	Cambridge Primary English (1958) Paper 2: Written test (fiction)	60 minutes
9 April (Wednesday)	AM	9:00 AM	Cambridge Primary Maths (1996) Paper 1: Written test (Non-calculator)	45 minutes
	PM	12:00 PM	Cambridge Primary Maths (1996) Paper 2: Written test (with calculator)	45 minutes
11 April (Friday)	AM	9:00 AM	Cambridge Primary Science (1997) Paper 1	35 minutes
	PM	12:00 PM	Cambridge Primary Science (1997) Paper 2	35 minutes

Exam Timetable
Cambridge International Lower Secondary Checkpoint - 9E

Tests Series: May 2025

Date	Session	Start Time	Cambridge Lower Secondary (9E)	Duration
7 April (Monday)	AM	9:00 AM	Cambridge Lower Secondary English (0861) Paper 1: Written test (non-fiction)	1 hour and 10 minutes
	PM	12:00 PM	Cambridge Lower Secondary English (0861) Paper 2: Written test (fiction)	1 hour and 10 minutes
9 April (Wednesday)	AM	9:00 AM	Cambridge Lower Secondary Mathematics (0862) Paper 1: Written test (Non-calculator)	60 minutes
	PM	12:00 PM	Cambridge Lower Secondary Mathematics (0862) Paper 2: Written test (with calculator)	60 minutes
11 April (Thursday)	AM	9:00 AM	Cambridge Lower Secondary Science (0893) Paper 1	45 minutes
	PM	12:00 PM	Cambridge Lower Secondary Science (0893) Paper 2	45 minutes

Cambridge Mock Exams & Checkpoints

Exam Timetable
Cambridge International Lower Secondary Checkpoint - 8A and 8B

Tests Series: May 2025

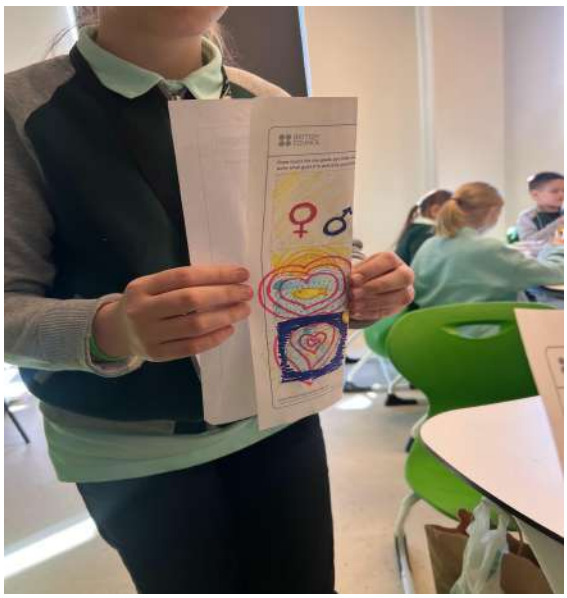
Date	Session	Start Time	Cambridge Primary (8A/B)	Duration
7 April (Monday)	AM	9:00 AM	Cambridge Lower Secondary English as a Second Language (0876) Paper 1: Reading and Usage	45 minutes
	PM	12:00 PM	Cambridge Lower Secondary English as a Second Language (0876) Paper 3: Writing	40 minutes
8 April (Tuesday)	AM	9:00 AM	Cambridge Lower Secondary English as a Second Language (0876) Paper 2: Listening	approx. 35 minutes
9 April (Wednesday)	AM	9:00 AM	Cambridge Lower Secondary Mathematics (0862) Paper 1: Written test (Non-calculator)	60 minutes
	PM	12:00 PM	Cambridge Lower Secondary Mathematics (0862) Paper 2: Written test (with calculator)	60 minutes
11 April (Friday)	AM	9:00 AM	Cambridge Lower Secondary Science (0893) Paper 1	45 minutes
	PM	12:00 PM	Cambridge Lower Secondary Science (0893) Paper 2	45 minutes

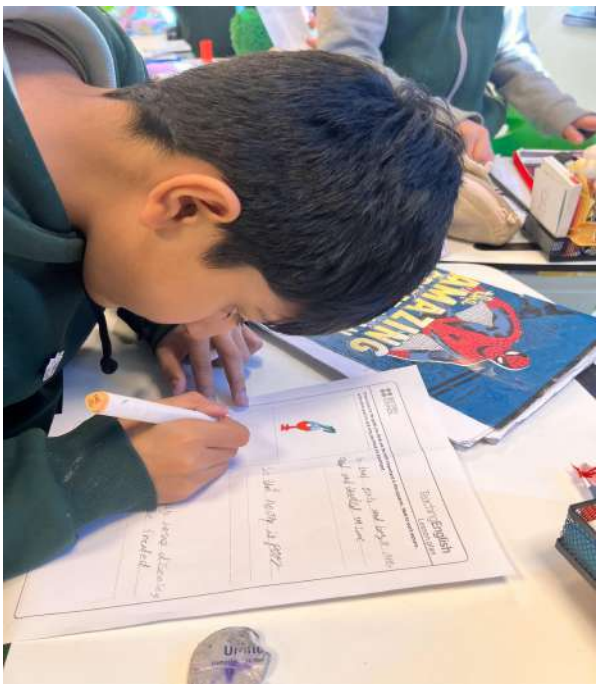
For further information about Cambridge International Programmes and Qualifications, please visit the website

link

Goals Project 2025 in 6E

*In 2025, the students of 6E are actively engaged in the **GOAL projects**, focusing on some of the biggest global challenges. As part of their learning, they are exploring issues such as climate change, poverty, access to education, and healthcare.*

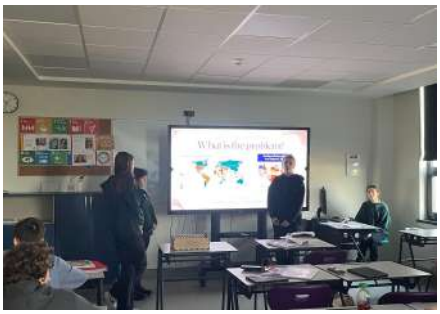




Global Education - Goals project 2025

Students in grade 9 and IGCSE 1 have reached the end of Goals Project 2025.

After doing research, creating posters, videos and presentations, they raised awareness in the community about the need for gender equality.They also wrote reply letters to girls in Afganistan, who are deprived from going to school. The pictures of our students engaged with the materials about the Afghan girls will be shared in a webinar with representatives of the British Parliament at the start of March. The letters will be delivered to the Afghan girls, too.



Heritage Hosts Dr. Turki bin Abdullah Zaid Al-Mahmoud for the Fourth Edition of the "Founders' Lecture" Series

Heritage had the honor of welcoming Dr. Turki bin Abdullah Zaid Al-Mahmoud, Ambassador Extraordinary and Plenipotentiary of the State of Qatar to the Republic of Moldova, during our fourth edition of the "Founders' Lecture" series. As a distinguished diplomat with extensive knowledge gained through both academic studies and a remarkable career in foreign affairs, Dr. Al-Mahmoud spoke to the students about the importance of education, perseverance, and leadership in shaping a successful future.

Heritage Students Visit the "LaVia" Center

Last week our brilliant Charity Committee, led by student Ioana-Teodora Naftanaila, visited La Via charity centre, where they had some activities with the children at the centre. They made origami, painted, played games, and even explained Maths topics to some of the children there.

View all materials at the link: *link*

University Destinations 2024

Heritage Globe

Back copies of the International Heritage Herald can be found on our website.

Link here: https://www.heritage.md/en/school/heritage-herald

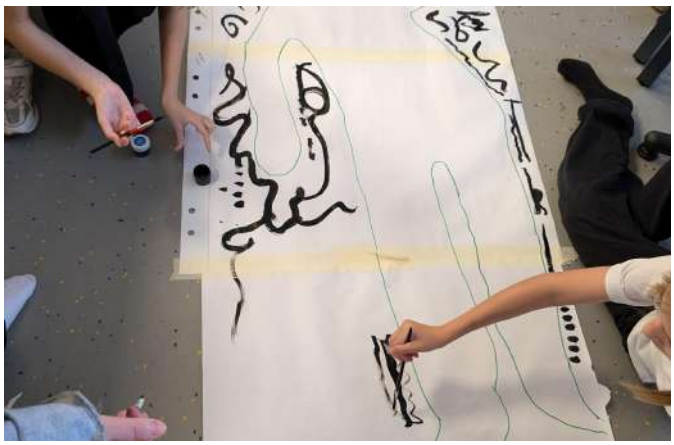
Floral Design Club

Art Week

*During **Art Week**, our school celebrated creativity and artistic expression through a variety of engaging activities. Students from different grades participated in workshops, exhibitions, and collaborative projects that showcased their talent and imagination.*

View all materials at the link: *link*

Keep your body moving



Sports, Clubs and Activities

Sports, Clubs and Activities

Build a bear

The Build-A-Bear Club is a fun and interactive activity where students have the opportunity to create their own custom stuffed animals.

Heritage winter cup

From February 5th to February 20th, the football championship took place at our school, bringing together students for three weeks of exciting matches. After intense competition, the final results were as follows:

- ***1st place:*** *Class VI-A*
- ***2nd place:*** *Class VI-E*
- ***3rd place:*** *Class VII-A*

Congratulations to the winning teams for their dedication and teamwork throughout the tournament! It was a fantastic event that showcased the spirit of sportsmanship and passion for football.

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

10 Top Tips for Parents and Educators

SAFETY ON SOCIAL MEDIA

Currently, children are growing up in an immediate and throwaway culture when it comes to content that's consumed online. So much material is now deliberately created to be shorter in nature – and may often contain hidden elements such as advertising, or extreme political and cultural views. With complex algorithms built to keep people on their phones and engaging with social media content, it's becoming increasingly difficult to reduce time spent on these platforms.

1 REDUCE DOOMSCROLLING

It's concerningly common for young people to spend hours 'doomscrolling': trawling through social media and aimlessly viewing every post they see, many of which might make them feel sad or anxious. Social media can be useful for keeping in touch with friends and family, as well as staying up to date on current events. However, it's important to use it with a clear purpose, instead of endlessly scrolling through content, which could lead to young people accidentally discovering harmful material.

2 TALK ABOUT THE CONTENT

It's important to keep appraised of the kind of content that a young person is being exposed to. Discussing what they're watching online can help you understand why they're using social media in the first place. Furthermore, ensure that children are aware of hidden content, such as advertising of a product – and that they know how to spot that the creator is being paid to talk about it.

3 FIND POSITIVE ASPECTS

Despite all the concerns, there's plenty of wholesome content on social media. It's worth spending time with children to help them find something suitable and enjoyable. Perhaps you'll even discover a joint interest, and you can enjoy the content alongside the child. As part of this, you should also point out why certain things shouldn't be given attention, explaining why it isn't suitable and why it's been created in the first place.

4 REDUCE SCREENTIME

Young people can sometimes be unaware of the exact amount of time they spend looking at social media. Smart phones don't just have the capacity to monitor screentime; they also record how much time is spent on each app. Consider setting targets to reduce this and support children to meet these goals, gradually reducing the amount of time spent on different apps.

5 FILL THE VOID

Monitoring and reducing screentime can create a lot of free time to fill, and young people can even face withdrawal symptoms when made to step away from their phones. To mitigate this, consider what offline activities you could introduce the child to, and what they would enjoy. This can ensure that young users will permanently cut down on their screentime, rather than temporarily doing so while they know it's being monitored.

6 REDUCE NOTIFICATIONS

One way in which social media platforms keep people coming back is through notifications. The algorithms behind these apps track people's daily habits, including the times of the day where they're most likely to engage with the platform. This data is then used to deliver specifically timed notifications to draw them back in. To avoid young users being exposed to this tactic, simply turn off notifications for the app in their phone's settings.

7 LIVE IN THE REAL WORLD

Overexposure to social media can distort someone's perception of the real world – from body norms to social conventions. This filtered environment can make it hard for young people to distinguish reality from online content, which is now becoming even more difficult with the rise of AI. To mitigate this concern, take time to teach young people how to discern truth from fiction, both on and off social media.

8 DIGITAL DETOX

Encouraging young people to take a 'digital detox', from even just a couple of the apps that they use, can result in an overall reduction of screentime and less exposure to potentially harmful content. Alternatively, rather than avoiding the app entirely, encourage children to take a 'digital detox' from content creators and influencers, and instead, keep in touch with friends and family – which is generally a far healthier use of these platforms.

9 MODEL GOOD BEHAVIOUR

Consider the habits that you're demonstrating to your children. How much time do you spend on your phone? How much do you 'doomscroll'? Comparing your own usage with the child's could put things into perspective for them – or if it turns out that you're also overusing social media, it can turn screentime reduction into a joint mission, which you and the child can work on together.

10 BE CLEAR ON THE "WHY"

Research shows that young people can become addicted to social media. There are many schools that are moving towards being 'phone free' due to the negative impacts of using social media and phones continuously. It's important to explain to young people why managing screentime is important. Set out the benefits and ensure they have all the relevant information, so it's not just seen as a punishment.

Meet Our Expert

John Insley is a senior leader in a Birmingham secondary school and has vast experience in leading schools over the past 15 years – including the development of computing curriculums across primary and secondary schools, writing e-safety policies and supporting schools with computing and e-safety advice.

#WakeUpWednesday®

The National College®

Source: See full reference list on guide page at: https://nationalcollege.com/guides/top-tips-for-safety-on-social-media

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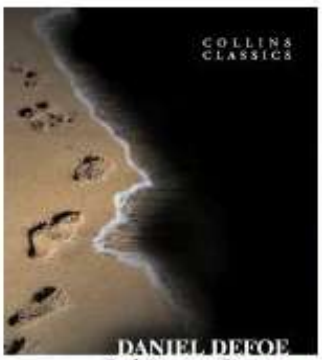
BOOKS RECOMMENDATION

ION CREANGĂ
Amintiri din copilărie și alte povestiri

Proza autorului este expresia unei intuiții desăvârșite a spiritului popular. Epos jovial al copilăriei la țară, o capodoperă a literaturii noastre, este o simbioză de realism și idealizare. Harul narativ transformă până și pățaniile neplăcute într-o ispravă năzdrăvană, mai mulr sau mai puțin nevinovată. Cadența melancolică de la fiecare început de capitol cedează locul, în decursul istorisirii, rîsului optimist și de duh.

АЛЕКСАНДР ПОЛЯРНЫЙ
Мятная сказка

События книги разворачиваются вокруг мальчика, которого отдали в приют. Он быстро понимает, что справедливости в мире нет. Всю жизнь он искал призрачное счастье, но так и не преуспел в своих поисках. В этой сказке будет несколько мятных капучино, много снега и пара разбитых сердец.



DANIEL DEFOE
Robinson Crusoe

Considered a classic literary masterpiece, and frequently interpreted as a comment on the British Imperialist approach at the time, Defoe's fable was and still is revered as the very first English novel. Shipwrecked in a storm at sea, Robinson Crusoe is washed up on a remote and desolate island. For 24 years he remains in solitude and learns to tame and master the island, until he finally comes across another human being.

CRISTINA CHIPERI
Eu încă te iubesc

Cu atâția băieți în jurul ei de care s-ar fi putut îndrăgosti, Lucy Sanders își pierde capul după Dylan, prietenul ei cel mai bun. Sentimentul pe care îl încearcă este atât de puternic, încât îi fură somnul, îi oprește respirația și o face să se întrebe: „Ce s-ar întâmpla dacă el ar ști adevărul?" Da, pentru că se teme să nu-l piardă...

ВСЕВОЛОД ОВЧИННИКОВ
Ветка сакуры

Содержании книги позволяет судить ее подзаголовок "Рассказ о том, что за люди японцы". Показать и объяснить Японию через ее народ, проследить своеобразные черты национальной психологии, как они проявляются в человеческих взаимоотношениях, как влияют на социальные и политические проблемы - таков авторский замысел.

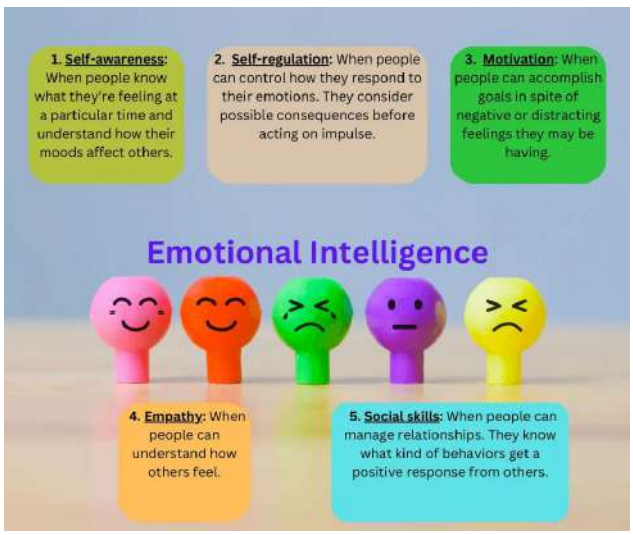
P.L. TRAVERS
Mary Poppins

Whether it's a lion on the loose in the park or storybook characters coming to life, when Mary Poppins is in residence in Cherry Tree Lane, you can be sure that wonderful adventures will ensue. This original, classic story still enchants readers and transports new fans into a mysterious world.

Emotional Intelligence

*Emotional intelligence **(EI)** is an important part of a child's growth because it helps them make friends, deal with their feelings, and feel comfortable in social situations. As a parent, your help is very important in learning this important skill. Here are some useful ways to help your child grow emotionally:*

*1. **Let Your Child Feel Safe Enough to Express Their Feelings by Making It Easy For Them To Do So**. Help children identify their feelings by using language like "**You seem upset**" or "**Are you feeling excited**?"*
*2. **Be an emotional role model**: Show your child how to handle their feelings healthily by doing things like taking deep breaths when you're feeling stressed or talking about your feelings in a thoughtful way. Use good examples from your day to show how you deal with problems.*
*3. **Cultivate empathy**: Tell your child to think about how other people might feel in different conditions. Ask questions such as, "How do you think your friend felt when that happened?" Help your child find healthy ways to deal with challenges or failures by solving them together. Come up with ideas and talk about what will happen if you make different decisions.*
*5. **Notice and Celebrate Emotional Growth**: When your child shows kindness, self-control, or good conversation, let them know you noticed.*
Self-esteem and progress are boosted by praise.
*6. **Offer Books and Activities on Emotional Intelligence:** Reading tales about emotions and relationships may spark interesting conversations.*
Practicing emotional skills via role-playing situations is another option for young people.



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What Parents & Educators Need to Know about SNAPCHAT

SNAP STREAK 97 DAYS

AGE RESTRICTION 13+

Snapchat is a messaging app which allows users to send images, videos and texts to others. Its best-known feature is that anything sent 'disappears' 24 hours after it's been viewed; however, users are known to take screenshots or use another device to obtain a photo of their screen. In 2023, Snapchat added a chatbot function called 'My AI'.

WHAT ARE THE RISKS?

ARTIFICIAL INTELLIGENCE

My AI is Snapchat's new chatbot, which replies to questions in a human-like manner. However, the software is still in its infancy and has significant drawbacks, such as biased, incorrect or misleading responses. There have already been numerous reports of young users turning to AI for medical help and diagnoses, which could be inaccurate and therefore potentially dangerous.

PREDATORS AND SCAMS

Predators can exploit Snapchat's disappearing messages by, for example, telling a user they have naked photos of them and will post them unless they're paid. Snapchat's own research found that 65% of teenagers had experienced this – on this app or others. This likely isn't helped by 'SnapMaps' – a feature which highlights your exact position in real-time. This is meant to help friends keep track of each other, but could be used for more sinister reasons.

MY EYES ONLY

Snapchat has a hidden photo vault called 'My Eyes Only'. Teens can conceal sensitive photos and videos from parents and carers in this folder, which is protected by a PIN. You can check for this by clicking on the icon which looks like two playing cards. This takes you to the 'Memories' folder which stores photos, stories and the My Eyes Only folder.

SCREEN TIME ADDICTION

Snapchat prioritises user engagement, with features like streaks (messaging the same person every day to build up a high score). The app also has sections called 'Discover' and 'Spotlight', which show tailored content to each user. However, this could also be seen as an attempt to hook users into watching videos endlessly. Furthermore, constant notifications can lure people into using the app.

INAPPROPRIATE CONTENT

Some content on Snapchat simply isn't suitable for children. The hashtags used to group content are determined by the poster, so even an innocent search term could still yield age-inappropriate results. The app's 'disappearing messages' feature also makes it easy for young people to share explicit images on impulse – so sexting continues to be a risk associated with Snapchat.

ONLINE PRESSURES

Although many of Snapchat's filters are designed to entertain or amuse, the 'beautify' effects on photos can set unrealistic body image expectations – creating feelings of inadequacy in younger users. Snapchat now also has 'priority' notifications (which still get displayed even if a device is in 'do not disturb' mode), increasing the pressure on users to log back in and interact.

Advice for Parents & Educators

UTILISE PARENTAL CONTROLS

Snapchat's 'Family Centre' lets you view the details of the child's account – their friends list and who they've spoken to in the last week – and report any concerns. You must invite a child to the Family Centre for them to join. To keep the child's location hidden on the app, go into settings and turn on 'Ghost Mode' and 'Hide Live Location', and ensure they know not to share their location with anyone.

FAMILIARISE YOURSELF

Before you allow a child to download Snapchat, download it yourself and familiarise yourself with the app. Snapchat has produced a parents' guide to the app to help you understand how it works and any protections they have in place. A link for this can be found in the sources below.

BLOCK AND REPORT

If a stranger does connect with a child on Snapchat and begins to make them feel uncomfortable through bullying, pressure to send explicit images or by sending sexual images to them, the child can tap the three dots on that person's profile and report or block them. There are options to state why they're reporting that user – such as annoying or malicious messages, spam or masquerading as someone else.

ENCOURAGE OPEN DISCUSSIONS

Snapchat's risks can be easier to handle if you nurture an open dialogue. For example, discuss My AI's responses to questions and how reliable they are. Talk about scams and blackmail before letting children sign up, if they're lured into a scam, encourage them to tell you immediately. Talk openly and non-judgementally about sexting, emphasising its inherent risks. Furthermore, explain how popular 'challenges' on the platform can have harmful consequences.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.

#WakeUpWednesday

The National College

Source: See full reference list on guide page at: https://nationalcollege.com/guides/snapchat-2021

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10 Top Tips for Parents and Educators

SUPPORTING CHILDREN TO DEVELOP EMOTIONAL LITERACY

Emotional literacy refers to the ability to recognise, understand and express our feelings effectively. It plays a crucial role in strengthening a child's wellbeing by enhancing their relationships and resilience. However, emotional literacy is not necessarily an innate talent, and its development may present challenges. This guide gives parents and educators practical tips on supporting children to cultivate this essential skill.

1 NAME THE EMOTION

Encourage children to identify and name their emotions. This helps them understand what they're feeling and why. Use simple language and relatable examples to make it easier for them to share their emotions. This builds a foundation for emotional understanding and open communication.

2 MODEL EMOTIONAL EXPRESSION

Demonstrate healthy emotional expression by sharing your feelings visibly. When children see adults properly displaying how they're doing and what they're thinking, they learn to do the same. Discuss how you handle emotions in different circumstances, providing a real-life framework for young ones to follow.

3 MINDFULNESS ACTIVITIES

Teach children mindfulness practices to help them stay present and manage their emotions during more challenging moments. Activities like deep breathing, meditation or yoga can reduce stress and enhance emotional regulation. Regular practice can improve focus and emotional stability, which can significantly help children both as they're growing up and throughout their adult life.

4 USE STORYTELLING

Incorporate storytelling to help children understand emotions. Stories can offer relevant scenarios illustrating how the characters experience and manage their feelings. Discuss the emotions depicted in stories and ask children how they might feel in similar situations.

5 PRACTISE EMPATHY

Teach children to consider others' views and emotions – and to explore why they might think or feel this way. Role-playing and discussing various scenarios can enhance their ability to empathise. Understanding others' emotions helps children to develop compassion and improves their social interactions.

6 ENCOURAGE JOURNALING

Suggest keeping a journal to make note of thoughts and emotions, as writing can provide an outlet for self-reflection and emotional processing. Encourage children to write about their daily experiences and feelings, helping them gain insight into their emotional world. Do this alongside them, so they can see and experience how to do it effectively.

7 TEACH PROBLEM-SOLVING

Do what you can to help children develop problem-solving skills to assist in managing emotional challenges. Discuss potential solutions to emotional conflicts and encourage them to think critically about what they (and others) can do to process their feelings in a healthy way. This empowers children to handle emotions positively and build resilience.

8 CREATE A SAFE SPACE

Establish an environment where children feel safe to display their emotions without judgement. Encourage open exchanges and reassure them that all feelings are valid. This supportive atmosphere promotes trust and encourages children to express themselves with confidence.

9 USE VISUAL AIDS

Take advantage of visual aids like emotion charts or mood meters to help children identify and express their feelings. Use these tools regularly in your interactions. They provide a visual representation of emotions, making it easier for children to communicate their emotional state.

10 CELEBRATE EMOTIONAL GROWTH

Acknowledge and celebrate progress in emotional literacy, and praise children for expressing their emotions and handling them effectively. Positive reinforcement is a useful tool that will encourage continued growth and reinforces the importance of emotional literacy – encouraging young people to maintain the good habits and healthy behaviours that you've taught them.

Meet Our Expert

Adam Gillett is Associate Vice-Principal for Personal Development at Penistone Grammar School and works on secondment one day a week for Minds Ahead, an organisation that supports schools in improving their mental health provision.

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School Improvement Priorities Headlines 2024-25

Vision and Aims:

Sustaining our ambitious culture and vision for World Class education as a growing international school in Moldova to meet future challenges.

A belief in people as our best assets and a positive school culture - Cohesion, Community, Communication, Compassion, Care

A leading innovative school and World Class, professional educational organisation in Moldova, Europe & Globally

A World Class, nurturing, outward facing 21st Century curriculum & learning for all that prepares students confidently in our values for the challenges of the future as global citizens, socially responsible & leaders in their communities.

Outstanding innovative teaching and learning – a professional learning community that is adaptable to face uncertainty with certainty for our community. A servant team leadership culture that prepares leaders.

Heritage International School
School Improvement Plan
2024-2025

HERITAGE

Student Progress, Personal Development, Attainment & Achievements

School Improvement Priorities for 2024-25

Key framing Questions for all staff

How do we measure our key outcomes?
Is safeguarding & Child Protection effective?
Are we preparing our young people for the challenges they face in a global society?
Are compelling learning and innovative opportunities at the heart of our education?
How are we responding to global challenges to ensure trust, confidence and responsiveness which allows quality meaningful education to continue?
How are we growing a responsive, sustainable and professional organisation?
How are we communicating effectively?
How are we supporting the development of wider education in Moldova, Europe & Globally?
What value do our partnerships & network bring?
Do we challenge ourselves enough? Who challenges us?
Do we know what outstanding international education looks like? Are all our people for "Heritage"? How do we grow them?

1 Leadership, Organisation & Governance

2 Quality of Teaching, Learning, Assessment and curriculum

3 Personal Development, Growth, Nurture, Wellbeing, effective & challenging learning environment

4 Successful Outcomes for Students as active citizens, fulfilled,balanced life long learners

Academic Quality & Standards

A raising standards agenda in all schools especially linked to Cambridge & National Qualifications.

Effective use of data informing Teaching & Learning as well as outcomes.

A developed Home/School partnership supporting learning & the Learner.

Systems & Strategies that raise attainment & achievement both in qualifications & personal intellectual development.

Professional Quality & Standards

Our ethos and values as an international school permeate everything we do in our school culture

To recruit and retain the best people and to invest in skills and leadership for the future

To have a clear focus & support in HR & Schools on CPD & Appraisal that develops all staff in our schools

To have an organisation that wants ideas and individuals.

An effective quality assurance system.

Organisational Quality & Standards

We are a school people want to align with & be part of our community

Our communities working with us for all students

To continue to find ways to engage and bring all our communities together

Recognising that there is no "typical Heritage student" in our communities, remaining responsive to all Heritage families

We continue to develop systems, policies, structure, mindset, as an international organisation serving our communities well

Providing Certainty in Uncertain Times

We want our students to maximise their potential with us and go onto university, careers & future life. A focus on skills as well as knowledge.

To continue to develop holistic student support services that support & celebrate fully young people.

To continue to provide unique, compelling and engaging learning opportunities and moments inside and outside of the classroom.

To not fear the future but want to lead and change it, connecting the local to the national to the global.

A Values led Education for all

Diversity, equality, kindness, respect, global citizenship, trust, honour, leadership, social responsibility, are the hallmark of our education

To continue to meet and adapt to the anticipated challenges of the 2020s with success

Our organisation is held against the highest standards of a World Class school delivering international education

Our duty of care is for a safe, happy and caring environment for all students

Shaping our Future; H@10

Our education is about substance not gimmicks

We continue to develop as a unique, innovative international school in Moldova

We build on our legacy but we look outward and forward for our education, not backwards.

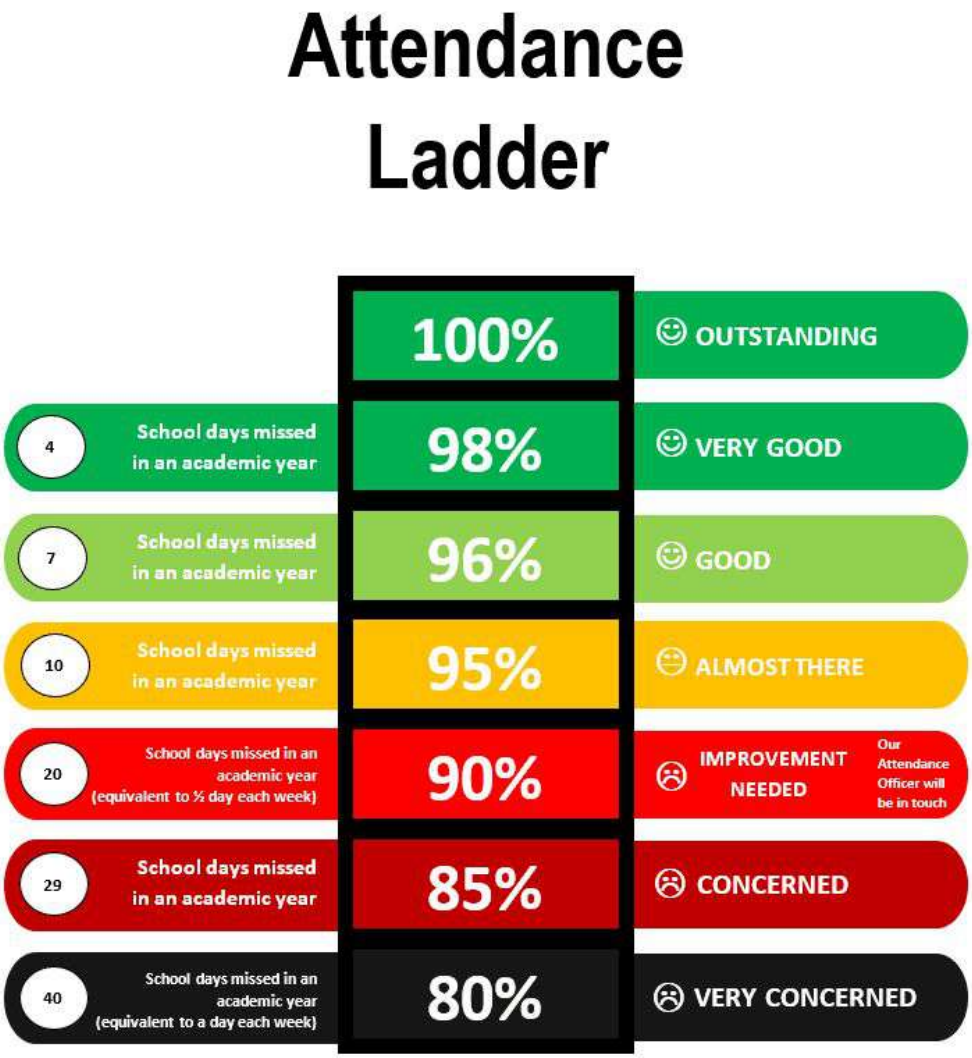
We embrace these aspects as part of our mission to prepare for the future

H@10 is an established, sustainable, outstanding beacon international school in Europe

School Improvement Priorities Headlines 2024-25:

Attendance is not just a procedural requirement; it is a fundamental factor that contributes significantly to a student's academic success by facilitating effective learning, collaboration, and overall personal development.

Children and young people who regularly attend school have better health outcomes, better employment outcomes, and higher incomes across their lives. It is important that children develop habits of regular attendance at an early age.



Uniform Reminder

Students are kindly asked to wear the Heritage uniforms, and in case they didn't find sizes for their respective colours, to wear white tops and black bottoms, as instructed by our Head of Pastoral at the beginning of the year.The school uniforms variations are as follows:

Read more details in the [School Uniform Policy]

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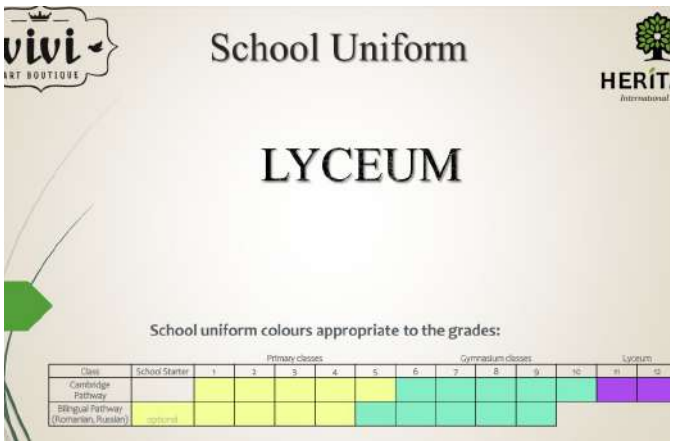
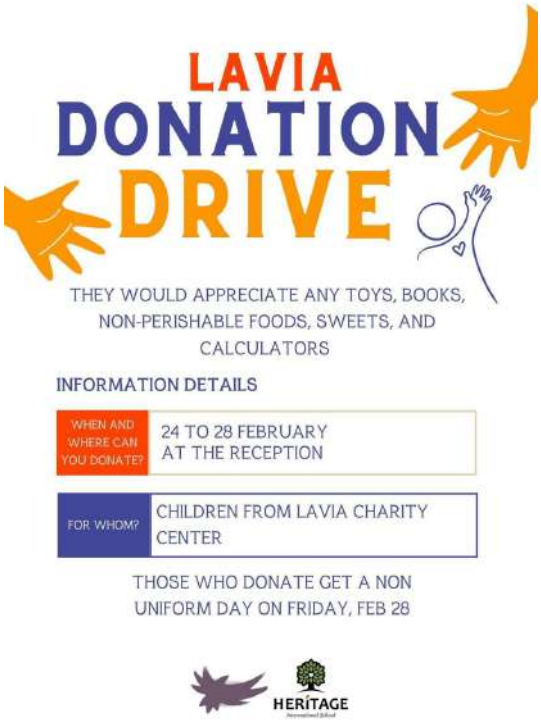


Read more details in the [School Uniform Policy]

Donation to LaVia

Our amazing community collected another donation for AO La Via charity centre. This organisation supports children from vulnerable families.

Many thanks to all the wonderful students who donated, as well as their families!



Lost and Found Reminder

We'd also like to stress how important it is to put your child's name on every piece of clothing. Numerous unidentified uniform components have accumulated in our lost and found section as the academic year draws to a close. Clear labeling helps us quickly and easily return lost items to their owners.
We tremendously appreciate your cooperation in adhering to these guidelines and ensuring that uniform items are appropriately labeled. We can keep the school a good place for everyone to learn and feel encouraged if we all work together.

There are many respiratory and gastrointestinal illnesses that are easily transmitted in a school environment. Staying home when sick can significantly reduce outbreaks and decrease disruptions to learning that occur when large numbers of students and staff at a school become ill.

Students should STAY home if he or she *has a temperature higher than 37 degrees or symptoms of illness*

Chisinau Round 2025

HOSTED BY HERITAGE INTERNATIONAL SCHOOL

March 29-30, 2025

WSC Competition Info

Heritage students/teams will be added to the school registration roster based on confirmation from parents (contact your homeroom teacher)

WE WILL GIVE YOU ALPACAS.

MARCH 29-30 *at* HERITAGE INTERNATIONAL SCHOOL

THE 2025 WORLD SCHOLAR'S CUP is uniting 50,000 students in 60+ countries and Ohio.

For you, the journey begins here in Chisinau.

Your team will write creative papers, debate obscure topics, answer inexplicable questions, and meet friends who understand you because no one understands them.

Join us for the alpacas.

Join us to qualify for the Global Rounds and for the Tournament of Champions at Yale.

Join us because someone told you it looks good on a university application.

But, mainly, join us because we only pretend to be a competition: we're really a community in which we can all be awkward together in 50,000 different ways.

There are also medals, trophies, and certificates. But the alpacas matter more.

WORLD SCHOLAR'S CUP
TOURNAMENT OF CHAMPIONS

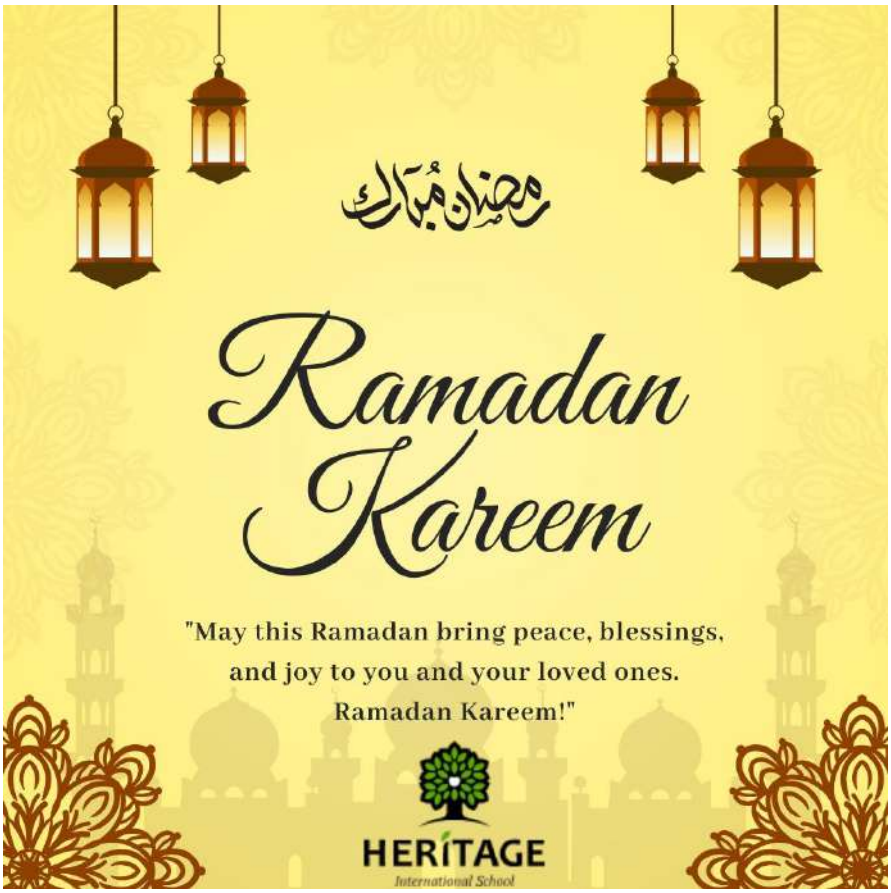
MATURITY AGE DIVISIONS
Junior: 10-13. Senior: 14-old.

FOUR EVENTS
Debate. Writing. Challenge. Bowl.

COME AS A SCHOOL
Or, sign up on your own.

HOW TO PREPARE
Form a team, learn the theme, and ask ChatGPT "how do I feed an alpaca?"

SIGN UP AT **WWW.SCHOLARSCUP.ORG**


رمضان مبارك
Ramadan Kareem
"May this Ramadan bring peace, blessings, and joy to you and your loved ones. Ramadan Kareem!"
HERITAGE
International School

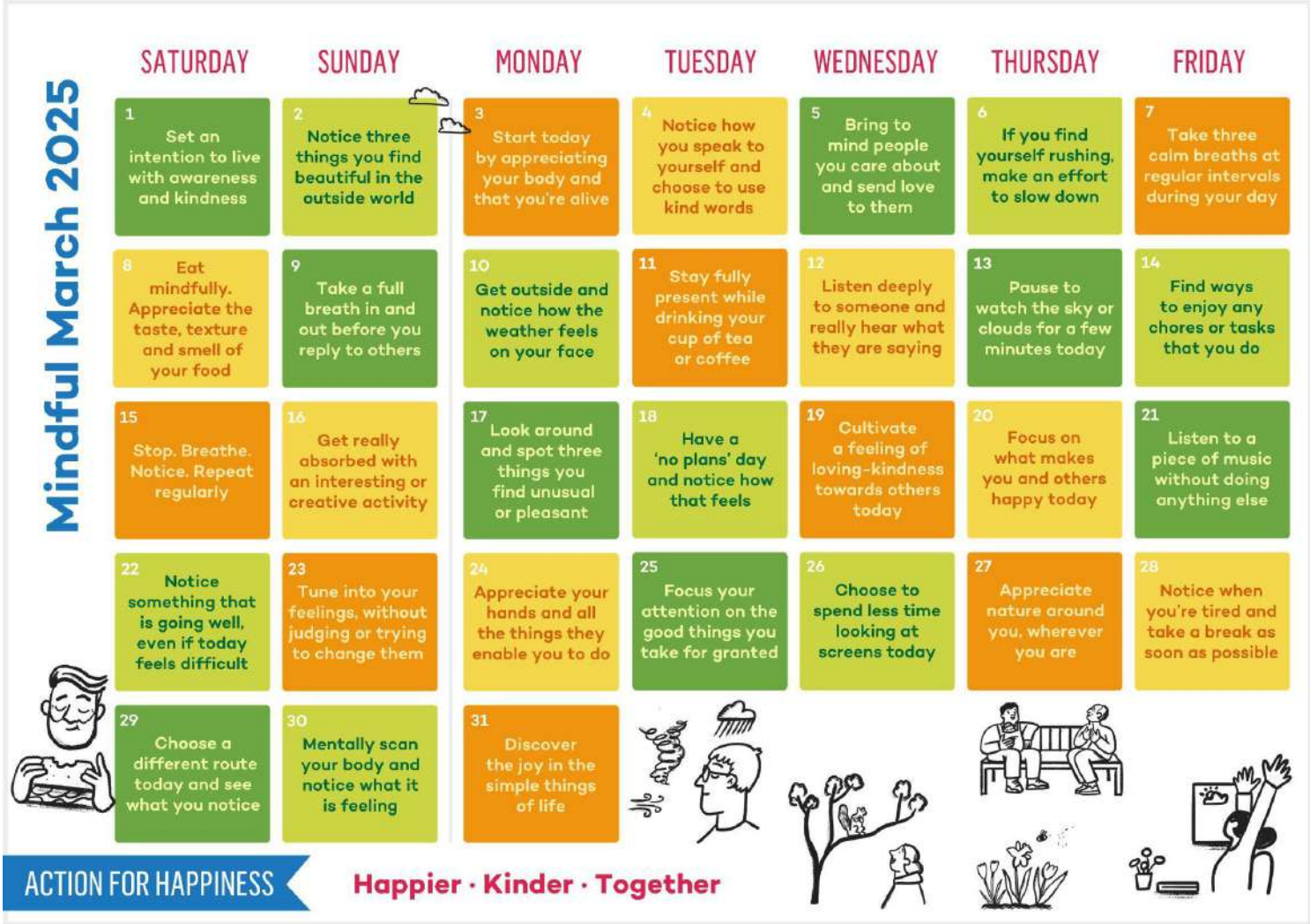
Happy Martisor Day
and an amazing spring!

School Information

Together with CENTURY, we are delighted to invite schools to register for the ***CENTURY + COBIS Learning Legends Competition****, taking place from* ***10-20 March****. This exciting competition will focus on English, maths, and science. Students will simply need to answer questions correctly on CENTURY's platform to earn points for their school.*

We have registered our Primary and Secondary students (Year 3-Year 11), CENTURY + COBIS Learning Legends is a ten day long online competition free to all COBIS member schools around the world.

Action for Happiness Calendar



Key Dates

03.03.-09.03.2025	Spring Break
10th March 2025	Heritage Spring Fest (class One Colour Day)
13th March 2025	Movie Night Lower Secondary School
14th March 2025	International Pi Day
15th March 2025	Movie Night Upper Secondary School
15th March 2025	Heritage Film Festival

See the Academic Calendar here

30 DAYS OF FAMILIES LEARNING Together

CREATED BY ncfl National Center for Families Learning

DAY 1
Check Out Your Library

Libraries offer valuable information and exciting adventures. Visit your local library as a family and ask for a tour to discover its depth of offerings, and then take advantage of your library card and weekend with free books, music, and movies!

CLICK HERE FOR MORE

DAY 2
Bring a Book to Life

Draw pictures of your children's favorite book characters and cut them out to make puppets. Use the puppets to act out a scene together. Bringing the narrative to life through dramatic play or retelling the story helps children to better understand character development and the storytelling process.

CLICK HERE FOR MORE

DAY 3
Share Your Sunday Morning Memories

Storytelling is a great way to promote literacy and build familiar bonds. Share with your children what Sunday morning was like when you were their age. What traditions did you and your family uphold? Ask your child to retell your family memories in his or her own words.

CLICK HERE FOR MORE

DAY 4
Kid-Friendly Kitchen Restaurant

Create an imaginary restaurant with your child. Create a menu together, assign roles (host, server, chef), and discuss whom you would invite as your "customers." You could even take a trip to the grocery store to find your recipes' ingredients. This is a great activity to explain why you would make certain choices and to use lots of details when describing menu items.

CLICK HERE FOR MORE

DAY 5
Build a Word Jar

Flipping through a dictionary, write down new words and their definitions. Collect these new vocabulary words in a Word Jar. At dinner, extract new words and create sentences out loud together. If there's time, draw pictures depicting the new word to extend the learning.

CLICK HERE FOR MORE

DAY 6
Interview One Another

Take turns pretending to be a newspaper reporter or detective. Ask each other important questions of "who," "what," "when," "where," and "why." Pause after each question to allow your children time to think about the question and what they want to say. Pausing to think teaches children the give and take of conversation and the importance of taking time to understand information they are receiving.

CLICK HERE FOR MORE

30 DAYS OF FAMILIES LEARNING Together

CREATED BY ncfl National Center for Families Learning

DAY 7
Turn Friends into Pen Pals

Together, write a letter to a faraway friend or family member. Talk about what you might say or which fond memories you may share with the recipient. In addition to being a great deal of fun, writing a letter to someone faraway helps your child practice important writing and storytelling skills.

CLICK HERE FOR MORE

DAY 8
Thoughtful Television Talk

Watch a TV program together as a family. Afterwards, ask your child what part he or she liked best and why. Offer your own opinions, and talk about how sitcoms were different when you were growing up. Talking about television shows can help family members understand the experiences of others and build a stronger bond.

CLICK HERE FOR MORE

DAY 9
Sidewalk Stories with Chalk

Encourage your children to use chalk to write a poem or story about the weather or your neighborhood on the sidewalk. You could even suggest writing a poem about the sidewalk itself! Varying the writing medium will create excitement around the literacy experience.

CLICK HERE FOR MORE

DAY 10
Create Picture Stories

Take photos or draw pictures of your child doing a favorite activity. Write a story together, using the pictures as illustrations. Picture books help children develop critical thinking skills as their brains take in the picture and the text and make connections between the two.

CLICK HERE FOR MORE

DAY 11
Family Fairytale Fun

Start a story together as a family. One person starts the story and tells one to three sentences. Then the next person takes over and adds the next one to three sentences. See how everyone weaves their own interests and imagination into the plot.

CLICK HERE FOR MORE

DAY 12
Around the World

Find a newspaper article or book about someone who lives in a different part of the U.S. or world. Research and discuss as a family how that person's everyday reality may differ because of where they were born. What do they wear? What do they eat? What games do they play? Learning to understand and respect cultural differences is important in our global and ever-growing diverse world.

CLICK HERE FOR MORE

30 DAYS OF FAMILIES LEARNING Together

CREATED BY ncfl National Center for Families Learning

DAY 13
Fun with Family History

Did Grandpa fight in a World War? Was your grandma born in a different country? Write a story together about an important event in your family's history. Illustrate the story and fasten it together into a book for the family library. Knowing where you came from is important to gaining a strong sense of identity.

CLICK HERE FOR MORE

DAY 14
Listen to Your Children's Stories

Ask your child to tell you a favorite story. It can be a new story or an old one with new twists and characters. Write down what your child says. Read it back to your child. Save the story to read it again. Let your child's imagination inspire you to come up with your own adult stories to write down and later share.

CLICK HERE FOR MORE

DAY 15
Wake up, Word Up: Letter of the Day

Over breakfast, work together to choose a letter of the day. Everyone looks for objects that begin with that letter during the day. You may see this letter everywhere! Or, you may only notice it in a few places. Talk about all the things your family observed that day, and marvel at the world around you.

CLICK HERE FOR MORE

DAY 16
Gratitude Posters

Our days get busy, and sometimes we forget to say "thank you" to the people who make our lives so very special. Make a list in words and/or pictures of three great things you like about each person in your family. Hang your lists up for everyone to see (this also works great in classrooms).

CLICK HERE FOR MORE

DAY 17
Family Stretches

Unwind together as a family before bedtime, and try out a few beginner yoga poses or deep stretching. Spending time relaxing together can be just as important as staying active.

CLICK HERE FOR MORE

DAY 18
Shape Up with Dinner Geometry

Shapes are everywhere, even on your dinner plate. Look at your dinner table and name all the shapes you see as a way to practice recognizing shapes. See who can find the most!

CLICK HERE FOR MORE

30 DAYS OF FAMILIES LEARNING Together

CREATED BY ncfl National Center for Families Learning

DAY 19
Who's Important To You?

Tell or write a story about an adult who is or was important in your life. Ask your child to do the same. Share your stories out loud, and see if you can think of all the important people who make up your life.

CLICK HERE FOR MORE

DAY 20
Tasty Togetherness

Take your taste buds on an adventure and try different foods from all over the world. Keep a journal of what you're trying. Note how the food tastes (salty, sweet, sour, etc.). What did you like about it? Did it remind you of another food? How would you describe it to your friends? Learning to eat different foods is not only healthy, but can be fun for the whole family.

CLICK HERE FOR MORE

DAY 21
Head in the Clouds

Take the time to stare at the clouds and see if there are any interesting shapes in the sky. Wonder what it would be like to fly. Where would you go? What would you do? Imagine the possibilities with your child

CLICK HERE FOR MORE

DAY 22
Mystery Dinner Guests

Before dinner, have everyone choose a famous person from history and research the person's life. While eating, take turns asking each other questions to learn more about the other "famous people" at the table. Try to guess each other's identity!

CLICK HERE FOR MORE

DAY 23
Flashlight Stories

Pretend you're camping and there's no electricity for a reading light. Instead, read by flashlight! Take turns reading to experience how different it is to read in the dark. Talk about what it would be like to go back in time and read without electricity. You could even go to the library and pick out a story about the discovery of electricity!

CLICK HERE FOR MORE

DAY 24
Get Cooking

Bring math into the kitchen and include the whole family when preparing a recipe. Practice measuring out ingredients using different sizes of measuring cups. How many scoops does it take to make 1 cup? How many cups? How would you prepare the recipe for 24 guests? You don't need to be a professional chef to share the joys of cooking and learning with your friends and family members.

CLICK HERE FOR MORE

30 DAYS OF FAMILIES LEARNING Together

CREATED BY ncfl National Center for Families Learning

DAY 25
School Days

Share stories about what your school days were like and compare your experience with everyone in your family. We think you'll find the learning process and in-school gadgets have changed quite a bit over the years. Together make a list of the top five things you love about school and why learning will always be important.

CLICK HERE FOR MORE

DAY 26
What a Gem

When is your birthday? What is your birthstone? Look up where the gemstone comes from and learn about its special powers! Do you like your birth gem's special powers? Which stone is your favorite?

CLICK HERE FOR MORE

DAY 27
Dreamland

What's the craziest dream you've ever had? Sit down with your family members and talk about dreams. Which dreams can you remember? What's the funniest dream you've ever had? The scariest? As a family, have everyone keep a dream journal and compare notes. And, if you have a pet, you can even imagine what he or she dreams about!

CLICK HERE FOR MORE

DAY 28
Over the Moon

Take the time to observe the night sky together. Notice the moon and how it changes size (and even color) from day to day, or map out a constellation or cluster of stars on aluminum foil by poking holes with a tooth pick. Inside, put a light behind the aluminum sheet to make your own night sky.

CLICK HERE FOR MORE

DAY 29
Mary Had a Little Rhyme

Learn a popular lullaby from another culture, or recite nursery rhymes you know by heart. Encourage your toddler to sing them with you. You can even change around the words to make the songs about your family! Nursery rhymes are important to the process of learning early language skills.

CLICK HERE FOR MORE

DAY 30
Imagination Vacation

Imagine that you were going on vacation today, instead of school or work. Where would you go? How long would you stay? What is the weather like and what will you do? More importantly, what should you pack? This is a great way to practice giving descriptions and thinking about important information, like weather and things to do.

CLICK HERE FOR MORE

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